

ADULTS

Program 2009-2010

1. DESCRIPTION OF ADULT PROGRAM

These are personalized programs for players seeking to enjoy this wonderful sport in a relaxed atmosphere. The player may choose his or her program according to the length of the stay and the interest in also participating of a physical preparation program. Training is carried out by the Academia Sánchez-Casal technical staff in groups of 1-4 players.

WEEKLY & 2-DAY PROGRAMS (Sunday to Sunday)

- PLATINUM WEEKLY PROGRAM - \$1600
 - Monday to Friday 20 hours of Tennis Training on court
 - Monday to Friday 3 hour of Physical Training + 2h stretching + 2h Pilates + 2h Massages
 - Lunch included
- GOLD WEEKLY PROGRAM - \$850
 - Monday to Friday 10 hours of Tennis Training on court
 - Monday to Friday 2h of Physical Training + 1h stretching + 1h Pilates + 1 Massage
- SILVER WEEKLY PROGRAM - \$600
 - 10 hours of Tennis Training on court
- GOLD 2-DAY PROGRAM - \$600
 - 8 hours of tennis training on court + 2h physical training or stretching
- SILVER 2-DAY PROGRAM - \$360
 - 4 Hours of Tennis Training on court + 2h physical training or stretching

6% tax is included

2. CONTENT OF ADULT PROGRAM

The Tennis Program Includes:

- Level Evaluation and Player Placement in a group of maximum 4 players.
- Court Training:
 - Work with ball cubes
 - Correction of basic shots
 - Training in real match situations
- Individualized Report
 - Analysis of Game Pattern
 - Conclusions and Suggestions

3. TIMETABLES

The Adult Tennis Programs are carried out from Sunday to Sunday in the morning or afternoon, depending on what best suits the customer and the Academy's time availability.

4. REGISTRATION

Registration in the Adult Tennis Program, in any of the tennis packages, will be formalized by filling out the registration form, which must be signed by the student.

Registration one month in advance would be appreciated and will not be final if not accompanied by full payment for the period of activity.

Formalization of the registration implies acceptance of the general program conditions described herein, as well as acceptance of the Internal Regulations of the Academia Sánchez-Casal.

Registration is possible any time of the year.

5. INCLUDED IN THE WEEKLY ADULT PROGRAM

- Tennis and Physical Training Program (physical training, stretching, massages to be arranged by the camper)
- Club Membership
- Complimentary additional court time
- Video Analysis (at platinum weekly programs)
- Matchmaking services

6. LODGING

The Academy offers accommodation inside the same facilities of Naples Tennis Club and Resort. A 10% discount will be given to those participating in the Tennis Academy. Call or write for prices.