

INTENSIVE ANNUAL + Language

Program 2009-2010

1. DESCRIPTION OF INTENSIVE ANNUAL PROGRAM

The Intensive Annual Program offers a comprehensive training program for players who want to increase their tennis proficiency. It features technical and tactical training, through daily on-court sessions with a coach, specific physical training, medical and psychological supervision, and a personalised competition program, with the coach directing and following the games.

The annual program is carried out over 9 months (August to May). It features the planning of technical, physical, medical and psychological aspects in coordinated fashion, over various cycles.

The work at the Academia Sánchez-Casal is intensive and based on strict discipline. All students receive educational guidelines, and are counselled in their education consecutively with their training.

Students may attend the Academy on an on-campus or external accommodation basis. The basic Program content does not vary among the different types of students.

INTENSIVE ANNUAL PROGRAM + LANGUAGE

- Monday to Friday: 4 hours of Tennis Training
- Monday to Friday: 2 hours of Physical Training
- Saturday: 2 hours Tennis Training

The Intensive Annual Program can optionally be combined with a language training program, administered in the Academy by the Schiller International School.

2. CALENDAR (Tennis Training)

The Academy Annual Program runs from August 17th to May 28rd (2009-2010)

The program activity will be carried from Monday to Friday, with a Christmas holiday period and holidays in accordance with the official calendar:

- September 7st Labor Day (Monday)
- October 12th Columbus Day (Monday)
- November 26th and 27th Thursday and Friday - Thanksgiving
- Christmas holidays from December 21st (Monday) to January 3th (Sunday)
- January 18th Martin L. King (Monday)
- February 15th President Day (Monday)

There will be no training for annual players that official days.

There are some other official holidays which will be no School but still the Tennis program will run for annual players (please, check High School calendar)

3. REGISTRATION

It is necessary to demonstrate an adequate tennis level to register in the program. The level is evaluated by the Academy's technical group. The student must call and request an on-site evaluation at the Admission Department.

Program registration will be formalised by completing the registration form which must be signed by the student and a parent or legal guardian of the student if the applicant is under 18. The application must be submitted with a reservation deposit of 10% of the total cost of the annual course.

Registration will not be final until the first payment is made, as stipulated in the "payment method" section of the form.

Registration into the program is considered to be for the entire duration of the program. Therefore, no discounts will be made for students joining the program after its starting date, or nor refunds for those withdrawing before its conclusion.

Formalization of the registration implies acceptance of the general program conditions as described herein, as well as acceptance of the Internal Regulations of the Academia Sánchez-Casal.

4. PROGRAM CONTENT BY AREAS

The program content is divided into areas that are fully coordinated. The areas that comprise the educational structure of the Academia Sanchez-Casal are as follow:

TECHNICAL AREA

The technical program usually consists of 4 hours of on-court training each day. Each student has a technical tutor in charge of his/her personalised program. Daily work is carried out by Academy coaches, all of whom possess high professional qualifications.

All of the tennis tactical aspects are covered: shot technique, on-court position, competitive game plans, pace, etc. The Academy has implemented its own method based on the long and successful experience of its own professionals. It consists of a timed distribution of technical contents offered in various stages that are spread over the year.

Students are divided into groups by level with the aim of reaching technical objectives on a group and individual basis.

PHYSICAL AREA

The physical program is usually carried out with 2 hours devoted to specific training each day. Students carry out their physical training program in groups while aiming to obtain objectives on a group and/or individual basis.

Most of the exercises carried out have been specifically created for the sport of tennis. They have also been conceived to maximise the physical strength required by this sport and to prevent possible related injuries.

COMPETITION PROGRAM

The competition programs are established by groups and according to the players' level. It is considered essential that each student have access to a competition program within the Academy system. This is considered the most effective way to consolidate growth in playing proficiency.

SPORTS MEDICINE

Each student's physical and technical training is coordinated with the medical condition of the student.

The Academia Sánchez-Casal offers a permanent physiotherapist service in the Academy, where students can receive preventive treatments, such as injury recovery, under the direct supervision of the medical team.

SPORTS PSYCHOLOGY

The Academy has a sports psychologist, who works directly with the students. The areas covered encompass from training motivation to mental techniques during competition. In this aspect, the student's emotional status, as well as his/her personal and family circumstances, are taken into consideration.

VIDEOANALYSIS

Coaches and tutors use student video analysis as part of the training program. This system not only provides the opportunity to technically correct the student's game but also to work on the tactical aspects of competition.

LANGUAGE PROGRAM (Optional)

The Language Program offers the possibility of combining weekly, monthly and annual tennis programs with Spanish or English as a Foreign Language (EFL) courses at the same location of the Academia Sánchez-Casal. The language program is perfectly designed for athletes wishing to train in their favorite sport at the Academy while learning Spanish or English. We involve students in a process of linguistic communication and intensive practice of the four basic elements of language education: oral, comprehension, written and reading proficiency. Classes begin every Monday.

5. GENERAL STANDARDS TO BE FOLLOWED BY STUDENTS

The program includes training in the following areas:

- Nutrition
- Code of conduct
- Work discipline
- Effort & progress

6. TRAVEL TO COMPETITIONS

Each student's personalised competition program is usually carried out within the framework of his/her level, which also corresponds to his/her technical evolution.

The program considers the need to travel to competitions. In such cases, the Academy will provide a coach who will be responsible for the trip. The student must cover all of the travel, room and board expenses arising from said trip, not only for him or herself but also for the accompanying coach.

Before each competition, the coach responsible for the trip will prepare an approximate budget of the expenses to be incurred. The student must pay the amount budgeted to the coach in advance. The final settlement is made upon conclusion of the competition. If several players participate in such an expedition, the coach's expenses will be divided proportionately.

7. MEDICAL INSURANCE

Once the registration is formalized the Academia SC will offer, upon previous request, a medical insurance policy.

The specific coverage of the insurance is described in the policy subscription contract to be signed by the insurer and the student. (or parent or legal guardian if under 18)

8. OTHER SERVICES INCLUDED IN PROGRAM

Students have access to the following services:

- Membership in the Naples Tennis Club, with unlimited usage of the facilities.
- Transportation service: airport pick-up & drop-off upon arrival at Academy
 - Transportation to/from Fort Myers-\$ 65 each way
 - Transportation to/from Miami - \$225 each way
 - Transportation to/from Naples - No charge

Transportation during vacation or official holiday periods, for external medical services and scheduled outings

- Personalized attention: each student has a mentor at the Academy to help in the resolution of any personal matters.
- Physiotherapy service.
- Psychology service.
- Pilates/Hip-Hop Lessons

9. ECONOMIC REGULATIONS

The registration is made for the complete program, regardless of the payment method used. Therefore, the student commits to full payment of the program. Please, consult the Academy for further details.

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| ANNUAL TENNIS PROGRAM | Boarding \$60.000 | Non Boarding \$50.000 | (6% Tax Included) |
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Customers may choose from three possible payment options with the following instalment dates:

OPTION A:

10% reservation deposit - of total amount – due before August 1st, 2008 (non refundable)
90% balance of total- due August 25th, 2008

OPTION B:

10% reservation deposit - of total amount – due before August 1st,2008 (non refundable)
40% partial payment due on August 25th, 2008
50% balance remaining due on January 15th, 2009

All payments can be made in cash, by bank transfer or by credit card.

10. SERVICES INCLUDED IN ANNUAL PROGRAMS

INCLUDED IN THE TENNIS PROGRAM:

- Medical insurance policy (upon request).
- Physiotherapy service.
- Naples Tennis Club membership.
- Transportation services.
- Psychology service.
- Tournaments.

INCLUDED IN THE ACCOMODATION

- Lodging in a double room.
- Breakfast, lunch and dinner.
- Laundry service.
- Activity program.
- Internet access.

11. PERSONAL EXPENSES

The Academy offers all students, free of charge, a money custody service to meet payment of personal expenses during their stay at the Academy. This service consists of opening a personalized bank account where they can deposit and withdraw their money.

If a student is interested in this service, he or she must fill out the necessary bank forms.

12. INJURIES

The Academia Sánchez-Casal offers a medical insurance policy upon request .The in-house physiotherapy service and physical trainers will treat players' injuries through a personalised, comprehensive recuperation program.

If a student wishes to take a temporary leave from the Tennis Academy due to injury, no refund will be provided for the time of absence.

13. CAUSES FOR CANCELLATION OF REGISTRATION

If due to circumstances beyond a student's control, which have been so determined as such by Academy management, he/she must leave the program without having completed it, the Academy management may provide economic compensation to the student with the refund of part of the period paid for and not consumed, in accordance with the following criteria:

- In no case will the portion corresponding to the medical insurance, which has an annual duration, will be returned.
- In regard to the amounts paid for the Tennis Program a maximum amount will be refunded equal to the difference in complete calendar months between the end of the program and the date of withdrawal, minus an amount equivalent to two months, which will remain as compensation for the Academy.